# **Department of Health Promotion Sciences**

# **Degree Thesis Binding Specification**

Format	Hard type (hard cover) or soft type	
Size	A4 portrait	
Front	Color	Not specified. (However, dark blue or black are preferable for the hard type.)
cover	Text	Color not specified. (However, gold is preferable for the hard type.)
		Two rows of text, with the title in the top row and the author's name and year of
		publication in the bottom row (see below).
		May be in Japanese or English.
		If in Japanese –
		• If the main text is in English, add "(in English)" after the Japanese title, and write the
		author's name and year of publication.
		• If the main text is in Japanese, write the author's name and year of publication after the
		Japanese title.
Title page	Format	Use the prescribed format (see samples) for both Japanese and English text, with
		Japanese first and English second. A different format may be used as long as the content
		is the same.
	Title	Must be the same as stated on the Degree Application Form.
	Name	Use the name that appears on the enrollment register.
	Examiners'	Ask your chief examiner and examiners to sign both the Japanese and English title
	signatures	pages.
	Dean's	Ask at the Educational Affairs Subsection of the Academic Affairs Section when the
	signature	Faculty Meeting has completed its examination.
Spine	Text	May be in Japanese or English.
		If in Japanese –
		• If the main text is in English, add "(in English)" after the Japanese title, and write the
		author's name and year of publication.
		• If the main text is in Japanese, write the author's name and year of publication after the
		Japanese title.
	Year of	Write the calendar year in which you complete your studies.
	publication	Examples:
		If completing in September of the 2008-09 academic year (actual month and year:
		September 2008) = 2008
		If completing in March of the 2008-09 academic year (actual month and year: March 2009) = 2009
		No particular rule on the type of letters used.

<sup>\*</sup>Applicable from 2009-10 academic year.

# Front cover / Spine

# Title of paper [English] or [Japanese] + ("in English") Name Year of publication

Front cover

# Spine

Title (same as front cover) Name Year

# Title page

首都大学東京 博士 (健康科学又は学術) 学位論文 (課程博士又は論文博士)		
論文名		
(和文 Title of paper000) (English)		
著者		
審査担当者		
主査		
委員		
委員		
上記の論文を合格と判定する 平成 年 月 日		
**成 モ 月 ロ 首都大学東京大学院人間健康科学研究科教授会		
研究科長		

DISSERTATION FOR A DEGREE OF DOCTOR OF PHILOSOPHY TOKYO METROPOLITAN UNIVERSITY
TITLE:
(English Title)
AUTHOR:
EXAMINED BY
Examiner in chief
Examiner
Examiner
QUALIFIED BY
THE GRADUATE SCHOOL OF HUMAN HEALTH SCIENCES TOKYO METROPOLITAN UNIVERSITY
Dean
Date