

I. Journal format

1. **Style:** Black hard cover, gold lettering

Size: A4 portrait

Font: Mincho

Front cover



Back cover

Title and author's name

2. Thesis

Bind together a published thesis and subthesis. If they would take too long to reprint, papers printed in the same layout as the published versions may be submitted.

*** After binding, submit 3 copies to the Educational Affairs Subsection in the Academic Affairs Section.**

II. Book format

1. Style: Black hard cover, gold lettering

Size: A4 portrait

Font: Mincho

Front cover

The diagram shows a rectangular layout for a book cover. The text is centered and reads:

Doctoral Thesis
Title
Month / Year
Tokyo Metropolitan University
Graduate School of Human Health Sciences
Doctorate Course
Human Health Sciences Major
Department of Physical Therapy
Name

Two callout boxes are present:

- A dashed box on the right side, connected to the 'Month / Year' label, contains the text: "If completing in September: September _____", "If completing in March: March _____", and "*State the expected month of degree conferral when submitting".
- A dashed box at the bottom right, connected to the 'Name' label, contains the text: "If applying for a thesis-based doctorate:", "Tokyo Metropolitan University", "Graduate School of Human Health Sciences", "Human Health Sciences Major", and "Department of Physical Therapy".

Back cover

Title and author's name

- 2. Inside:**
- 1) First page: Blank
 - 2) Thesis title / Author's name
 - 3) Contents (give page numbers)
 - 4) Main text

- 5) Acknowledgement (if needed)
- 6) Bibliography / References
- 7) Last page: Blank

*** After binding, submit 1 copy to the Educational Affairs Subsection in the Academic Affairs Section.**