

English Version

Tokyo Metropolitan University  
Department of  
Occupational Therapy  
Graduate School of Human  
Health Sciences  
2019



TOKYO  
METROPOLITAN  
UNIVERSITY



# Department of Occupational Therapy

## Diploma Policy

We foster practicing expert professionals, educators, and researchers who will become able to discover issues independently and work on research and development for new treatments and methods of support. In so doing they will actively contribute to the improvement of health, medical, and welfare services based on scientific thinking and an inquiring mind toward growth as specialists.

## Admission Policy

The Department of Occupational Therapy provides an environment with opportunities to learn how to conduct research. Students will expand their horizons by looking back on their own experience and reconstructing their knowledge in occupational therapy from a broad range of perspectives, including scientific, social, cultural and creative points of view. We also support students who are motivated to carry out cross-sectional studies and international academic exchange, who make a contribution to occupational therapy in general or throughout health promotion, from clinical practice to community life. We welcome students who also have the potential and willingness to endeavor acquiring a wide range of educational abilities, management skills, and who might become internationally active, while contributing to the creative development of occupational therapy.

### [Master of Science program]

Various basic researches deepen expertise, thus providing evidence for occupational therapy practices. We prefer potential students with some research experience who are interested in a broad range of studies, from basic research involving theories and experiments, and so on, to practical research for problem solving in practice settings.

### [Doctoral program]

We look for students who will play a pioneering role from evidence-based research on occupational therapy to conducting explorative research in anticipation of developing new insights. They shall have the motivation and ability to promote the practical effectiveness and social role of occupational therapy from clinical settings to life in society as a whole.

# Study Areas

## Holistic Occupational Therapy in Human Life

The purpose of this field is to conduct studies in subjects on the human body, mind, psychology, and development, as well as interdisciplinary and integrated research. This field comprises a structure filled with motivation and imagination to create new research on occupational therapy, education, and clinical practice, particularly from the perspectives of human psychology, activity, daily life, environment, and culture. We are recruiting a wide range of researchers in the making who are motivated to establish evidence-based occupational therapy, who incorporate the development of mixed research methods, or qualitative and quantitative studies. They will contribute to the pursuit of a more enriched and open society and human nature. We invite you to join us in exploring the core of human beings.

## Occupational Behavior and Occupational Science

Occupational behavior and occupational science are modern developments rooted in the original ideas of occupational therapy's founders. This study area concerns the development of theories that build on related philosophies, systems thinking, behavioral science, narrative, etcetera. Further, studies pertain to exploring how occupation influences people's health and well-being.

This area is not limited to application to and producing evidence for the traditional occupational therapy clinical practice areas, but also to expanding occupational therapy potentials to the building of communities where people can participate and experience health through occupations.

## Occupation and Living Environment Studies

For subjects to be able to engage in an occupation they truly desire, an approach to the environment is essential. The environments to be studied in this field encompass the physical environment (including welfare equipment and tools), as well as home improvement, the human environment (including caring families and professional staff), the policy environment (including services and systems), the natural environment (including earthquake disasters and climate change), and the cultural environment (including stigmas and social norms). The mission of this field is to clarify how these environments can interfere with or promote people's participation in occupations, and to propose ways to enrich people's lives.

# Faculty Staff

| Name               | Title                                   | Research Area   |
|--------------------|---|---|
| ISHII Yoshikazu    | Professor                               | Occupational Therapy for Psychosocial Dysfunction   |
| OHSIMA Nobuo       | Professor                               | Occupational Therapy in Body Function, Cognitive Occupational Therapy (COT), Rehabilitation Management, Theory of Interprofessional Education & Collaboration   |
| KOBAYASHI Norikazu | Professor                               | Occupational Therapy for Aged Person. Community-Based Rehabilitation  |
| KOBAYASHI Ryuji    | Professor                               | Elucidation of Occupational Habituation Process in Comprehensive Community Health Care, and Development of Intervention Programs  |
| SHIOJI Rieko       | Professor                               | Clinical Psychiatry; Psychopathology of Anxiety Disorders and Chronic Depression; Psychotherapy and Morita Therapy for Anxiety Disorders and Chronic Depression   |
| BONTJE Peter       | Professor                               | Occupational Therapy and Occupational Science, Adults and Elderly, Narrative in Action Methods, Interprofessional Work and Education  |
| ISHIBASHI Yu       | Associate Professor                     | Geriatric Occupational Therapy, Health Promotion for Elderly, Supporting Social Participation through a Cosmetic program  |
| ITO Yuko           | Associate Professor                     | Occupational Therapy for Pediatrics, Developmental Disorders, Sensory Integration, Assistive devices for children, Toys, Play equipment, Occupational Therapy in special education  |
| INOUE Kaoru        | Associate Professor                     | Fields of Specialties: Occupational Therapy Education, Well-Being Science, and Assistive Technology, Adaptation Robots for Seniors with Dementia  |
| IMUTA Hiromi       | Associate Professor                     | Aging Psychology, Preventive Long-Term Care   |
| TANIMURA Atsuko    | Associate Professor                     | Occupational Therapy Practice in Mental Health, Community-Based Occupational Therapy for Mental Health Service Users, Educational Method in Occupational Therapy  |
| HASHIMOTO Mime     | Associate Professor                     | Remodeling Home Environment for Elderly and Adults with Disability or Dementia  |
| MIYAMOTO Reiko     | Associate Professor                     | Studies on Humans' Perception of Selves and Others Using Functional MRI, Studies on Self-Perception of Students Regarding General Clinical Exercises, Comparative International Studies on Self-Perception of Occupational Therapy Students |
| SUYAMA Natsuka     | Specially Appointed Associate Professor | Occupational Therapy for Physical Disability, Comparative Studies on Occupational Therapy Education, Studies on Occupational Therapy in South-East Asia, Studies on Interprofessional Work and Education                                    |



# Theses

## Master's Theses in 2018

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| Changes in psychology and behavior that travel experience gave to hemiplegic people at home stroke  |
| A process of maintaining occupational adaptation for those who are working after retirement   |
| Change in cortical activity during chopsticks practice using the non-dominant hand  |
| Process and its meaning that occupation can affect the mental health of new graduates in the second year of their work  |
| Sensory integration disorder factors related to handling of chopsticks in children with autism spectrum disorder(ASD): Understanding and interpretation by the Japanese Playful Assessment for Neuropsychological Abilities(JPAN) |
| Health promotion effect of group programs for the Comprehensive Daily Living Support elderly  |
| Reliability and Validity of the Japanese Version of the Work Rehabilitation Questionnaire   |
| Participants learning obtained from the workshop based on the soft systems methodology - through an examination of management task of dementia cafe -   |
| Factors and transformation process of perception of lives after discharge from inpatients with stroke -Analyzing with Trajectory Equifinality Approach-   |
| Factors Associated with Activity Limitations among Elderly People in Bangladesh   |

## Doctoral Theses in 2018

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| Development of the Sensory Modulation Questionnaire for Adolescents/Adults: A study of validity and reliability                                       |
| Agreement between long-term care users' quality of experience in daycare and providers' perceptions : a cross-sectional study based on the flow model |

## Doctoral Theses in 2017

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| Reliability and validity of the Japanese Elderly version of Leisure Activity Enjoyment Scale |
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## International exchange activities

### – Study abroad –

#### ● Oxford Brookes University (OBU)

TMU concluded an agreement with the Oxford Brookes University (OBU), Oxford England, in 2012 to promote internationalization, and our interactions have been continuing through education and joint research. Each year several of our graduate school students participate in a summer short-term training for global core human resources in the health care field at the OBU Department of Occupational Therapy. This program includes actual research discussions with OBU faculty members and graduate school students, and field visits to practicing occupational therapists in Oxford. In so doing students reflect on various aspects of their own studies from a different culture's point of view, and develop skills for carrying out research from an international perspective.

#### ● Temple University (TU), USA

In 2019, we concluded an inter-department agreement with TU as a part of promoting international exchange between faculty. We will continue to interact in the future to contribute to the development of global human resources. A Global Communication Camp will be organized in 2019, and TMU students will visit TU. Also, TU's students will take part in Advanced Health Sciences And Technology In Japan, which will be held in summer.

#### ● European Master of Science in Occupational Therapy

The 'OT-Euromaster' is a master's program of occupational therapy that is offered by five universities in Europe. In April 2017 an international exchange agreement was concluded making it possible to obtain credits towards TMU's MSc degree in Occupational Therapy by following a Euromaster module at the Amsterdam University of Applied Sciences (the Netherlands), University of Brighton Eastbourne (United Kingdom), or Zurich University of Applied Sciences Winterthur (Switzerland).



#### ● Short-term study abroad program

Students at our master's and doctoral programs can make use of the financial assistance program offered by Tokyo Metropolitan University to study abroad for three to six months. Recently, doctoral students have done so and engaged in research activities with professors at Karolinska Institutet (Sweden) and Augusta University (USA). This made it possible to explore the student's studies from a broader, international perspective and presentations at international meetings, and move forward with one's career as a global researcher.

### – Acceptance of international students –

● **"Tokyo Human Resources Fund for City Diplomacy" International Student Special Selection;** From 2012 we are accepting international students from Asia for doctoral and master's program. In 2017, 4 students are enrolled.

● **"Asian Human Resource Development Project for Medical Professionals" International Student Special Selection;** From 2017 we will accept MSc students from Asia with research themes related to assistive devices. In the future, we will contribute to human resource development of occupational therapy. We have already established bridges between Tokyo and Asia, through collaborations with universities in Indonesia and Thailand.

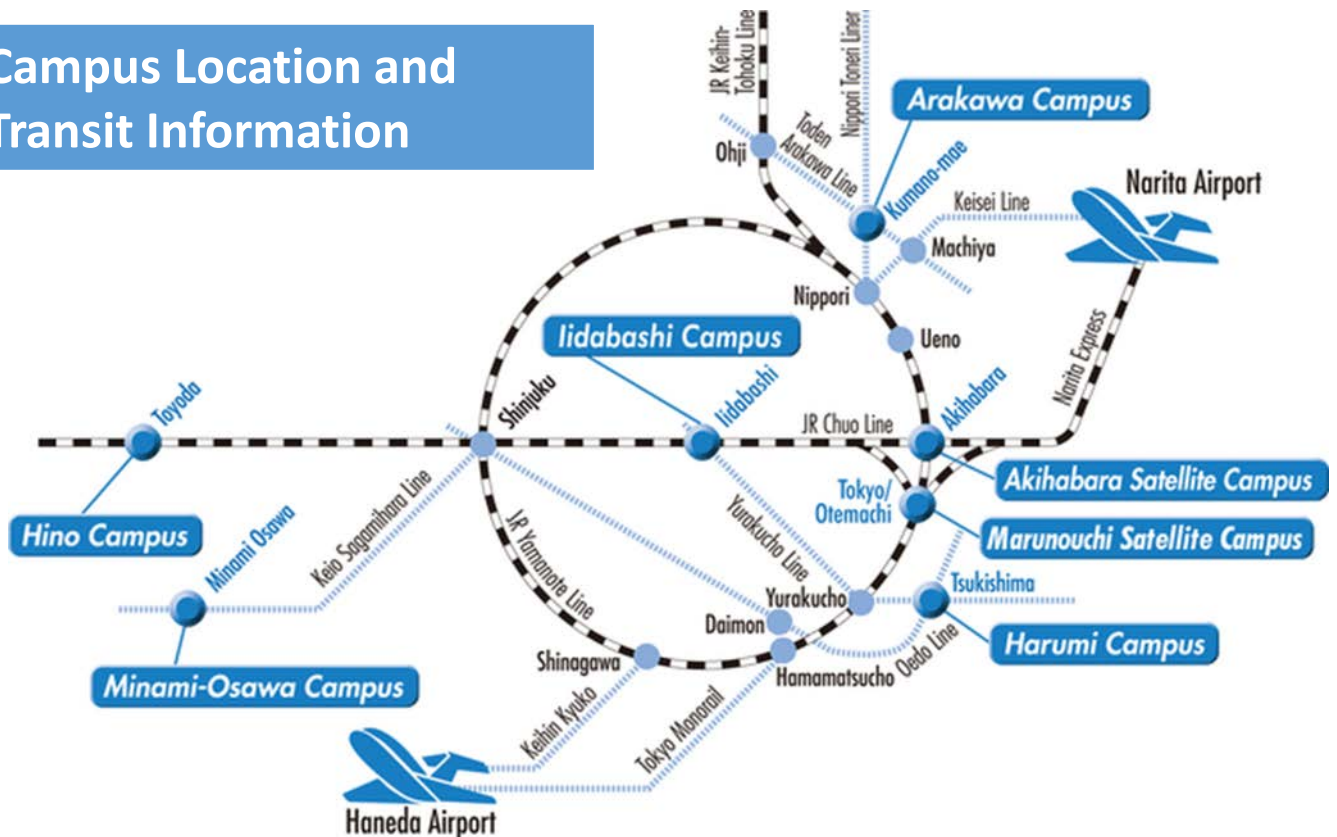
### – Exchange at the university –

● **Graduate school program "Advanced Occupational Therapy";** Every year, we invite lecturers from various overseas universities and offer a very attractive opportunity to learn occupational therapy from an international perspective. Lectures are conducted in English.

● **TMU-OT Graduate School International Seminar;** This seminar is held for Japanese and international students once a month.

# Access

## Campus Location and Transit Information



### Arakawa Campus

#### Address

7-2-10 Higashi-Ogu, Arakawa-ku, Tokyo, Japan 116-8551

#### Organization

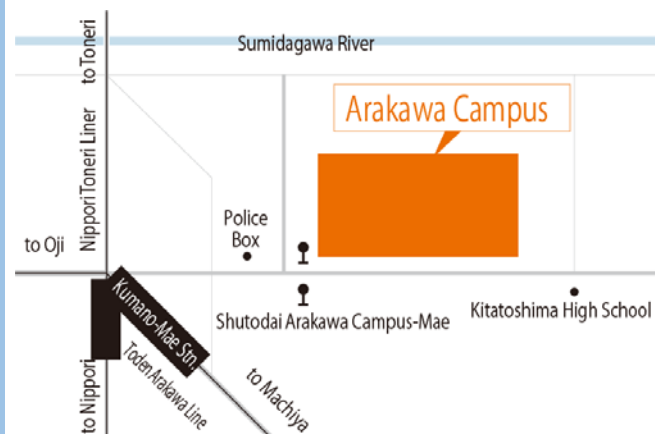
Graduate School of Human Health Sciences  
Faculty of Health Sciences (Sophomores to Senior Students)

#### Access

Arakawa Campus is a 3-minute walk from **Kumano-Mae Station, Nippori Toneri Liner**.

From Narita Airport to Kumano-Mae

Narita Airport St. → <Keisei Line / Skyliner / 51min.> → Nippori St. → <Nippori Toneri Liner / 5min.> → Kumano-Mae St.



### Minami-Osawa Campus

#### Address

1-1 Minami-Osawa, Hachioji-shi, Tokyo, Japan 192-0397

#### Organization

Faculty of Urban Liberal Arts, Faculty of Urban Environmental Sciences, Faculty of System Design (Freshman & Sophomore), Faculty of Health Sciences (Freshman)

#### Access

Minami-Osawa Campus is a 5-minute walk from **Minami-Osawa Station, Keio Line**.

From Narita Airport to Minami-Osawa

(1) Narita Airport St. → <JR Narita Express Line / 77min.> → Shinjuku St. → <Keio Line / Hashimoto-bound Express train / 40min.> → Minami-Osawa St.

(2) Narita Airport → <Limousine Bus / 140-170min.> → Minami-Osawa

