

English Version

Tokyo Metropolitan University
Department of
Occupational Therapy
Graduate School of Human
Health Sciences
2024



TOKYO
METROPOLITAN
UNIVERSITY

Department of Occupational Therapy

Diploma Policy

We foster practicing expert professionals, educators, and researchers who will become able to discover issues independently and work on research and development for new treatments and methods of support. In so doing they will actively contribute to the improvement of health, medical, and welfare services based on scientific thinking and an inquiring mind toward growth as specialists.

Admission Policy

【Master's Program/Common to All Fields】

In the Department of Occupational Therapy, by regarding humans as occupational beings, we aim to build a wide range of knowledge on occupational therapy from scientific, social, international, cultural and creative perspectives. We aim to develop practitioners, educators, and researchers who contribute to health promotion in everyday life. Therefore, we aim to develop people who can acquire a wide range of educational, management, and research skills related to occupational therapy, and who have the potential to play an active role internationally while contributing to the creative development of occupational therapy. We look for people who are willing to put these efforts into practice.

【 Doctoral Program/Common to All Fields】

In the doctoral program, in addition to building the knowledge of occupational therapy in the master's program, we aim to further deepen it and cultivate more independent and leading practitioners, educators and researchers. Therefore, we are looking for people who can contribute to the creative development of occupational therapy by creating outstanding knowledge in their own specialized fields and who can be expected to play an active role internationally.

Study Areas

Holistic Occupational Therapy in Human Life

The purpose of this field is to conduct studies in subjects on the human body, mind, psychology, and child-development, as well as interdisciplinary and integrated research. This field comprises a structure filled with motivation and imagination to create new research on occupational therapy, education, and clinical practice, particularly from the perspectives of human psychology, activity, daily life, environment, and culture. We are recruiting a wide range of researchers in the making who are motivated to establish evidence-based occupational therapy, who incorporate the development of mixed research methods, or qualitative and quantitative studies. They will contribute to the pursuit of a more enriched and open society and human nature. We invite you to join us in exploring the core of human beings.

Occupational Behavior and Occupational Science

Occupational behavior and occupational science are modern developments rooted in the original ideas of occupational therapy's founders. This study area concerns the development of theories that build on related philosophies, systems thinking, behavioral science, narrative, etcetera. Further, studies pertain to exploring how occupation influences people's health and well-being.

This area is not limited to application to and producing evidence for the traditional occupational therapy clinical practice areas, but also to expanding occupational therapy potentials to the building of communities where people can participate and experience health through occupations.

Occupation and Living Environment Studies

For people to be able to engage in an occupation they truly desire, an approach to the environment is essential. The environments to be studied in this field encompass the physical environment (including welfare equipment and tools), as well as home improvement, the human environment (including caring families and professional staff), the policy environment (including services and systems), the natural environment (including earthquake disasters and climate change), and the cultural environment (including stigmas and social norms). The mission of this field is to clarify how these environmental conditions can interfere with or promote people's participation in occupations, and to propose ways to enrich people's lives.

Faculty Staff

Name	Title	Research Area
ITO Yuko	Professor	Occupational Therapy for Pediatrics, Developmental Disorders, Sensory Integration, Assistive devices for children, Toys, Play equipment, Occupational Therapy in special education
KOBAYASHI Norikazu	Professor	Occupational Therapy for Aged Person. Community-Based Rehabilitation
SHIOJI Rieko	Professor	Clinical Psychiatry; Psychopathology of Anxiety Disorders and Chronic Depression; Psychotherapy and Morita Therapy for Anxiety Disorders and Chronic Depression
TANIMURA Atsuko	Professor	Occupational Therapy Practice in Mental Health, Community-Based Occupational Therapy for Mental Health Service Users, Educational Method in Occupational Therapy
BONTJE Peter	Professor	Occupational Therapy and Occupational Science, Narrative in Action and Participatory Methods, Interprofessional Work and Education, peer support
ISHIBASHI Yu	Associate Professor	Geriatric Occupational Therapy, Health Promotion for Elderly, Supporting program for cancer survivor
INOUE Kaoru	Associate Professor	Occupational Therapy Education, Well-Being Science, and Assistive Technology, Adaptation Robots for Seniors with Dementia
IMUTA Hiromi	Associate Professor	Aging Psychology, Preventive Long-Term Care
KANENO Tatsuya	Associate Professor	Occupational science, Client-centred occupational therapy, IADL(Instrumental activities of daily living)
MIYADERA Ryosuke	Associate Professor	Occupational Therapy for Physical disability, Remote rehabilitation using ICT, motor coordination in adults and children, occupational therapy education
HASHIMOTO Mime	Associate Professor	Remodeling Home Environment for Elderly and Adults with Disability or Dementia
MIYAMOTO Reiko	Associate Professor	Research on human decision making using functional MRI, education on multidisciplinary collaboration using VR system, and support for balancing treatment and work
SUYAMA Natsuka	Specially Appointed Associate Professor	Occupational Therapy for Physical Disability, Comparative Studies on Occupational Therapy Education, Studies on Occupational Therapy in South-East Asia, Studies on Interprofessional Work and Education

Master's Theses in 2023

Occupational therapist's approach that connects demands of psychiatric inpatients to the possible occupation Qualitative research using M-GTA-
Support and Rationale for Workplace Retention Support Workers' Assistance to Users with Mental Disorders
Perspectives and Challenges of Occupational Therapists' Support for Sexual Behavior in Children and Adolescents with Autism Spectrum Disorders
The efficacy of stability ball sitting during tabletop activities for children with Sensory Processing Disorder (SPD)
Influence of the device of underlining on the movement of the brushstroke
Developing support website "Students Go To Site for Campus Life Support" -For Postsecondary Students with Learning Difficulties in Indonesia
Effect of living environment preparation as described by patients after discharge from a convalescent rehabilitation hospital
A study of the needs of the elderly for ICT and the support status of occupational therapists
Cooperative involvement of occupational therapists in the occupation-focused goal setting process with recovering stroke survivors who desire functional goals
Makeup Difficulty and Characteristics by Severity of Illness in Patients with Rheumatoid Arthritis
Occupational therapy practice based on the process analysis of daily activity for dementia in hip fracture patients -A pre-post comparison study-

Doctoral Theses in 2022, 2023

The Contribution of Occupation to the Well-being of Individuals with Advanced Cancer in Indonesia
Reliability and Validity of the Japanese Version of the Assessment of Readiness for Mobility Transition (ARMT-J) for Japanese Elderly
Self-management embedded in daily activities: A photoelicitation focus-group study among persons with spinal cord injury and their primary caregivers in Bangladesh
Subjective perceptions that affect the continued employment of persons with mental disabilities in Japan: A mixed-methods study

International exchange activities

– Study abroad –

● Overseas Univesity

Since 2012, graduate school students participated in an annual summer short-term training for global core human resources at Oxford Brookes University, but as of 2024 this changed to Chiang Mai University (CMU). This includes seminars with CMU faculty members and graduate school students, and field visits to practicing occupational therapists. Students reflect on their own studies and develop skills for carrying out research from international and cross-cultural perspectives.

● European Master of Science in Occupational Therapy

The 'OT-Euromaster' is a Master of Science program of occupational therapy, which is headquartered in Amsterdam University of Applied Sciences (HvA), but offered by five universities in Europe. TMU students can obtain credits towards their MSc degree in Occupational Therapy by following one or more Euromaster modules at: Amsterdam University of Applied Sciences (the Netherlands), University of Brighton Eastbourne (United Kingdom), or Zurich University of Applied Sciences Winterthur (Switzerland)



● Short-term study abroad program

TMU master's and doctoral students can apply for TMU's financial assistance programs to study abroad for two weeks to six months or longer. Recently, graduate school students have engaged in research activities at Karolinska Institutet (Sweden) and Amsterdam University of Applied Sciences (the Netherlands), for example. This enabled them to explore research from a broader, international perspective and hone their skills and career as a global researcher.

● International congress participation subsidy

Each year a number of students are granted financial support to present their research at international congresses around the world.

– Acceptance of international students –

● "Tokyo Global Partner Scholarship Program"

Selection; From 2012 we are accepting international students from Asia and partner universities around the world for doctoral and master's program. Since 2018 appr. 2-3 students are enrolled on average. <https://www.thrf.ic.tmu.ac.jp/tokyogp/en/>

● "Asian Human Resource Development Project for Medical Professionals"

International Student Special Selection; Since 2017 we were accepting 2 MSc students per year from South-East Asia with research themes related to assistive devices and environmental modification. (This program terminates in 2024.)

These two programs also contribute to human resource development of occupational therapy in the region. We have already established bridges between Tokyo and Asia, through collaborations with universities in Indonesia, Thailand, the Philippines and Bangladesh, Sweden, the Netherlands and elsewhere.

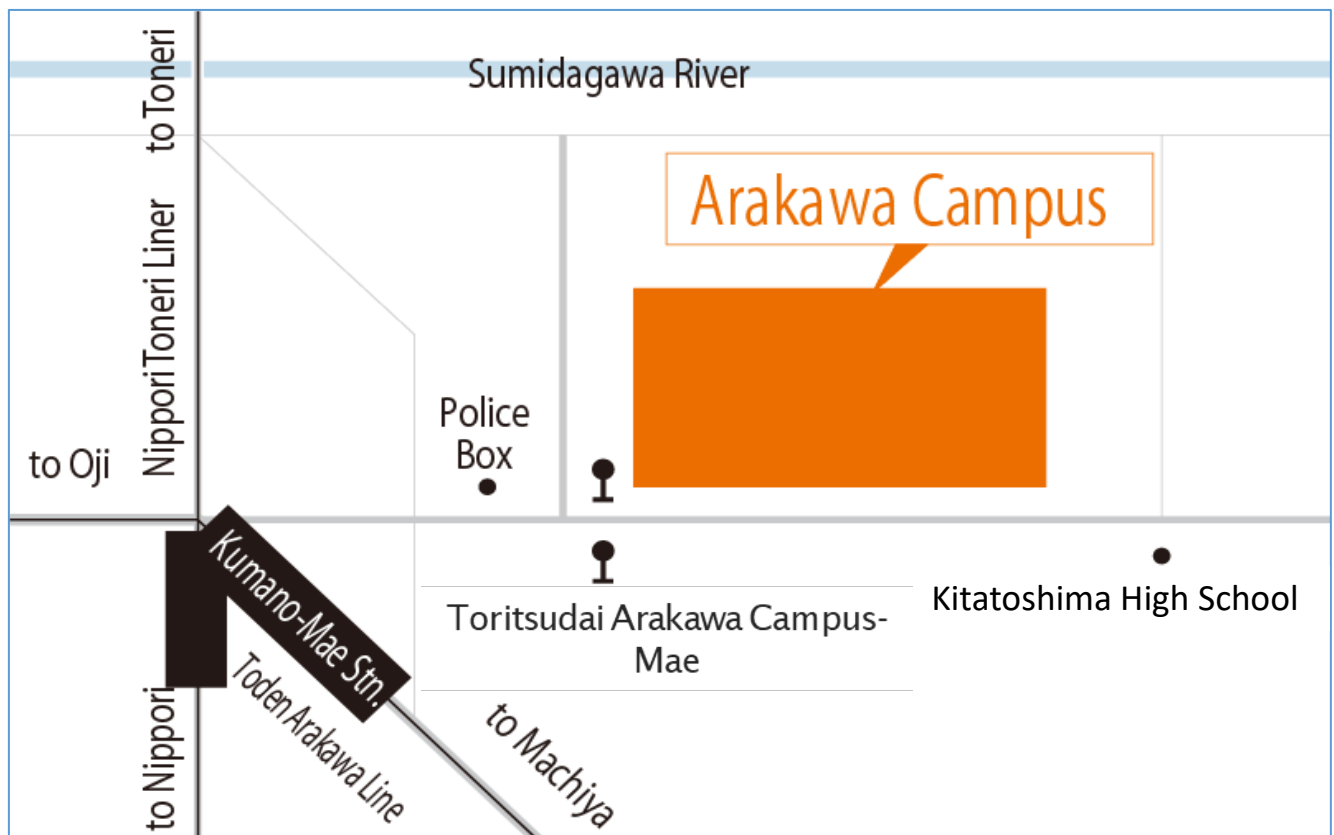
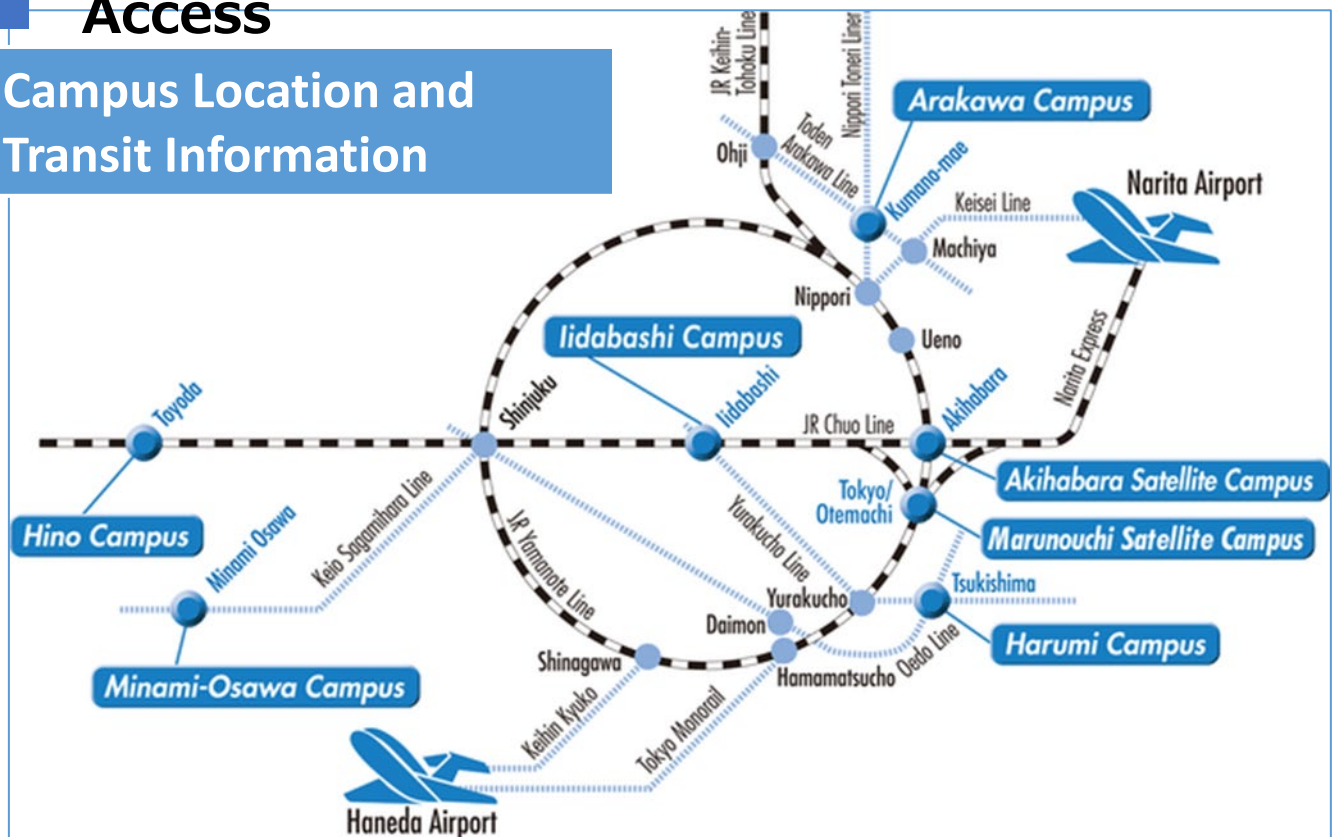
– Exchange at the university –

● **Graduate school program "Advanced Occupational Therapy";** Invited lecturers from overseas universities provide an attractive program of advanced expertise in occupational therapy and science from an international perspective. Lectures are conducted in English.

● **TMU-OT Graduate School International(inter-laboratory) Seminar;** This seminar for international and PhD students is also participated in by faculty and Japanese MSc students who want to develop their international perspectives and presentation skills.

Access

Campus Location and Transit Information



Arakawa Campus

Address

7-2-10 Higashi-Ogu, Arakawa-ku, Tokyo, Japan 116-8551

Organization

Graduate School of Human Health Sciences, Department of Occupational Therapy (M.Sc. & Ph.D.)
Faculty of Health Sciences, Division of Occupational Therapy (B.Sc.)

Access

Arakawa Campus is a 3-minute walk from **Kumano-Mae Station, Nippori Toneri Liner.**