

2026 Academic Year

Research Student Program
Application Guidelines

Tokyo Metropolitan University
Graduate School of Human Health Sciences

2026 Academic Year
Tokyo Metropolitan University
Graduate School of Human Health Sciences
Research Student Program: Application Guidelines

1. About the Program

The Research Student Program enables students to engage in research on a specialized topic or theme under the guidance of Tokyo Metropolitan University professors. The Program is not a preparatory course for enrollment into the graduate school.

2. Application requirements

Applicants must satisfy at least one of the following requirements:

- (1) The applicant must hold (or will hold by March 31, 2026) the equivalent of a bachelor's degree as per Article 83 and 104 of the Japanese School Education Act.
- (2) The applicant must have completed (or will have completed by March 31, 2026) 16 years of education at a school in a foreign country.
- (3) The applicant must have shown academic ability equal to or greater than the requirements (1) or (2) at Tokyo Metropolitan University.

If applying to begin in the **Spring Semester (the first)**:

Documentation must arrive by December 5, 2025

- For a 6-month period of study from April 2026 to September 2026

OR

- For a 1-year period of study from April 2026 to March 2027

If applying to begin in the **Fall Semester**:

Documentation must arrive by June 5, 2026

- For a 6-month period of study from October 2026 to March 2027

*Only applicants who have taken the entrance examination for the Graduate School of Human Health Sciences of Tokyo Metropolitan University can apply for the Spring Semester (the second). Those who have not taken the examination should apply in the Spring Semester (the first) or the Fall Semester application period.

The application qualification screening process requires approximately one

month. However, those who have already passed application qualification screening for a Graduate School of Human Health Sciences entrance examination in the past are not required to complete the process again. When applying, please attach a copy of your “certificate of application qualification” received after completion of screening.

3. Research period

The duration of a student’s research period is six months or one year in the same academic year (from April 1, 2026 to March 31, 2027). It is possible to change the length of one’s research period at a later date. However, if the student is not a Japanese citizen, a “student” visa permits a maximum research period of two years, including any enrollment as research student at other universities. (Please confirm with the Immigration Services Agency.)

4. Screening method

The research student screening process is conducted twice a year (the April start and the October start) according to the following procedure:

- (1) Supervisor interview
- (2) Screening review of submitted application documentation
- (3) Screening by a faculty committee on the basis of (1) and (2) to the greatest extent possible without interfering with regular students’ education and research.

5. Screening review of submitted application documentation

(1) Application period

For Spring Semester (the first) starts, documentation must be submitted between November 19, 2025 and December 5, 2025.

For Spring Semester (the second) starts, documentation must be submitted between February 4 and 20, 2026.

For Fall Semester starts, documentation must be submitted between May 21 and June 5, 2026.

*The Spring Semester (the second) is limited to students who have not passed the Graduate School of Human Health Sciences entrance examination of Tokyo Metropolitan University.

*Application documentation must be received by mail (Japan Post’s acceptance-recorded mail).

*Applications will be accepted if they arrive within the appropriate application period.

*If you are applying from abroad, please ensure that your application is received by the last day of the application period.

(2) Application documents

a) Research students Trainee Application Form / Student Information Card

*Please use the example to fill in the form.

b) Application Form

*Please check the supervisor's contact address and contact your requested supervisor before you apply. When you check the supervisor's contact address, please refer to the latest Application Guide for Admission to the Graduate School of Human Health Sciences of Tokyo Metropolitan University.

*Please leave the supervisor's signature and seal sections blank.

*Please write your requested supervisor's name in the designated column.

However, there is no guarantee that such requests can be fulfilled.

c) Statement of Research Plan

d) Copy of Certificate of Payment

e) Certificate of Graduation or Certificate of Expected Graduation (from most recent school): Original

f) Academic transcript (from most recent school): Original

*About items e) and f), the applicant who expected to graduate, please submit Certificate of Graduation and Academic transcript when you enter this program.

*If you meet the application requirements (3) and have a "Graduate School Application Qualification Review Results Notification" from the Tokyo Metropolitan University Graduate School Entrance Examination, please submit a copy of it as well.

g) Certificate of Health

*Medical certificate issued within six months prior to application

*People of foreign nationality also need to submit the following:

h) The applicant's certificate of residence (original), indicating nationality, residence status, period of stay (including the date of expiry).

i) Copy of the applicant's Resident Card (both sides).

*If you cannot submit these documents due to living outside of Japan and not having a Japanese address, please submit a copy of your passport's photo page. However, submit your certificate of residence and Resident Card as soon as your Japanese address has been determined.

j) Student visa support request form

*Application documents will be accepted as long as they are written in Japanese or English. If the documents are written in another language, attach a Japanese or English translation (including the affiliation and name of the translator).

6. Payment of the entrance examination fee

(1) Entrance examination fee

The applicant must pay the entrance examination fee (¥9,800) and submit a copy of the receipt (“certificate of payment”) to the Academic Affairs Division as application documents.

(2) Method of payment (E-payment service)

Apply to the e-payment service in advance (refer to the end of this guide). Using this service, you will be able to pay at convenience stores, or by Pay-easy ATM net banking, credit card, Alipay, or China UnionPay. However, only credit cards, Alipay, or China UnionPay can be used to make payments from outside of Japan. In such cases, please contact the school for another guide with detailed payment instructions.

<i>Semester</i>	<i>Payment Period</i>
Spring (the first)	From November 19, 2025 to December 5, 2025
Spring (the second)	From February 4 to February 20, 2026
Fall	From May 21 to June 5, 2026

*Please note that the payment period is different from the application period. After payment, submit a copy of the “certificate of payment” to the Academic Affairs Division. Refer to the section on examination fee e-payment at the end of this guide for more information on how to receive a "certificate of payment".

-Note-

For questions concerning e-payment services, please refer to the FAQ page of the site or contact the E-Service Support Center.

7. Acceptance and enrollment procedures

(1) Acceptance

The results of the faculty screening process will be mailed to applicants. If you are located outside of Japan, we will notify you by email.

(2) Notification

Spring Semester (the first): End of February 2026

Spring Semester (the second): End of March 2026

Fall Semester: End of July 2026

(3) Enrollment procedures

Student status will be officially settled after tuition has been fully paid within the appropriate time period below.

<i>Semester</i>	<i>Payment Period</i>
Spring (the first and the second)	From April 1 to April 7, 2026
Fall	From October 1 to October 6, 2026

*After payment, submit a copy of the "receipt for transferred money" and a photo (3cm x 3cm) for an ID card to the Academic Affairs Division by the dates below.

Spring Semester (the first and the second): April 9, 2026

Fall Semester: October 8, 2026

8. Tuition

For 1-year period of study: ¥346,800 (¥28,900 x 12 months)

For 6-month period of study: ¥173,400 (¥28,900 x 6 months)

If tuition fee is revised during the student's research period, the revised tuition fee will be effective on the date of the revision.

Once paid, tuition payments cannot be returned.

*Tuition cannot be paid via the e-payment service. Instead, use the bank transfer request form (no ATM) included with the notification of screening results. To apply from abroad, ask us about how to pay tuition.

9. Unpaid tuition

If tuition goes unpaid past the specified date, admission is withdrawn and canceled.

10. Extending the research period

To extend a student's research period, first receive the supervisor's approval and then submit the Research Period Extension Application along with the Statement of Research Plan at least 3 months before the scheduled end of the research period.

However, these rules do not necessarily apply if the faculty committee determines there to be special extenuating circumstances present.

11. Certificate of Research Completion

Students who require a Certificate of Research Completion must submit a report (format optional) with their supervisor's approval one month before their scheduled research period ends.

12. Withdrawal from research

To withdraw from the research, submit a Request to Withdraw from Research.

13. Other

- (1) Students who violate the University's regulations may have their enrollment terminated.
- (2) Documents submitted will not be returned to applicants, except possibly in cases where submitted documents are impossible to reissue. If a piece of documentation cannot be reissued, include a memo indicating as such with your application.
- (3) Once an application has been accepted, entrance examination fees are not refundable.
- (4) Those with an urgent need for a "Certificate of Research Permission" for visa procedures must request this document in advance.

14. Contact Information

Academic Affairs Section, Academic Affairs

Administrative Affairs Division of Arakawa Campus

Tokyo Metropolitan University

Address: 7-2-10 Higashiogu, Arakawa-ku, Tokyo, 116-8551, Japan

Tel: +81 (0)3 3819 1211 (ext. 226)